



TTI  
SUCCESS  
INSIGHTS®

# **EMOTIONAL INTELLIGENCE (EQ) MANUAL**

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## Getting the Most out of Your EQ Manual

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# Getting the Most out of Your EQ Manual

This manual is designed as an introduction to the TTI SI EQ Assessment and Report. This is a great place to start for those unfamiliar with the TTI SI EQ tools, and a nice refresh for those who may not have used EQ previously in their practice. For those looking for a more advanced dive into the science of EQ, we encourage you to consult the “Where to go” sections of this manual for expert-level views of EQ as well as advanced application techniques. Please continue to check in with your TTI SI Solutions Consultant as we continue to build our suite of learning in this science.

## While reviewing this manual, pay special attention to:

- **Chapter Objectives** - The beginning of each chapter will outline the knowledge that should be gained from the material. As you read the chapter, refer back to the objectives to stay on course.
- **Defined Terms** - These terms will be in bold black text. Understanding their meaning, with respect to this specific assessment, is the key to a more impactful debrief.
- **TTI Tips** - Blue highlighted text within the sidebar. These separated points of text hone in on significant statements that will directly impact your success in understanding the assessment.
- **Discussion Topics** - Orange highlighted text throughout the chapters. Discussion questions are designed to provoke thought. They can be used for your own learning purposes, and are often also applicable for your clients.
- **Action Items** - Green highlighted text box. TTI Success Insights reveals coaching items to share with your clients based on the chapter’s material.
- **You Now Know and Where to Go** - The end of each chapter will wrap up with a You Now Know section that will test your knowledge on the chapter’s objectives, and a Where to Go section that will tie in all the currently available tools on the chapter’s topics.